

# Essential Words

## for Spelling and Writing

The 290 words in this section are used most often when you write. Together, they make up about three-quarters of most writing, so they are important. These words have been arranged in alphabetical order and put in 7 lists according to how often they are used. The words in List 1 are used most often, the words in List 2 next most often, and so on. Because they are used so often, it is very important that you learn to use and spell each one.

### Essential List 1 (10 Words; 25% of Writing)

a	I	it	the	was
and	in	my	to	we

### Essential List 2 (20 Words; 15% of Writing)

at	had	of	that	up
but	he	on	then	went
for	is	she	there	when
got	me	so	they	you

### Essential List 3 (30 Words; 10% of Writing)

about	be	go	into	our
after	because	going	just	out
all	came	have	like	said
are	day	her	mum	some
as	down	his	not	were
back	get	home	one	with

### Essential List 4 (50 Words; 10% of Writing)

again	do	next	people	time
an	first	night	put	took
around	food	no	ran	two
big	from	now	saw	us
by	good	off	school	very
can	has	old	see	well
come	him	only	started	what
could	house	or	their	will
dad	if	other	them	would
did	little	over	this	your

### Essential List 5 (50 Words; 5% of Writing)

am	door	last	once	through
another	everyone	left	play	told
away	family	long	really	too
bed	five	looked	room	walked
been	found	made	something	want
before	friend	man	still	way
best	fun	more	thing	where
brother	heard	morning	think	which
called	here	name	thought	who
car	know	never	three	year

### Essential List 6 (70 Words; 5% of Writing)

also	cool	eyes	head	jump
always	dark	fell	hit	knew
asked	decided	felt	how	later
black	dog	find	inside	life
boy	eat	four	its	live
bus	end	gave	it's	lot
cat	even	getting	I'll	lunch
coming	every	great	I'm	make

minutes	place	sister	top	water
most	ready	sleep	town	while
much	ride	suddenly	tree	why
nice	right	take	turned	window
opened	run	tell	until	woke
outside	say	ten	wanted	yes

### Essential List 7 (60 Words; 3% of Writing)

any	each	ground	money	soon
baby	ever	guard	mother	stay
bad	everything	hand	myself	stop
ball	face	happened	new	swimming
being	fast	happy	parents	tea
bit	father	help	picked	than
boat	few	hole	playing	* tried
bought	* finally	hot	presents	under
camp	- finished	hour	road	wait
dead	game	let	side	won
died	girl	look	small	work
doing	gone	many	sometimes	world